

# ATE UNIVERSIT

You're looking for a college experience that will open doors to diverse opportunities. Expand your horizons. Develop your critical thinking skills as you learn specialized skills that will increase your career potential.

Here, it's all within reach. This is Framingham State University, your smarter college choice in the Greater Boston area. Affordable programs that align with your career goals. A small-college experience full of opportunities to lead, feel seen, and be known.

It's true. The personal, transformative touch of a small school with the affordability of a public university.

We're a Close-Knit fRAMily.

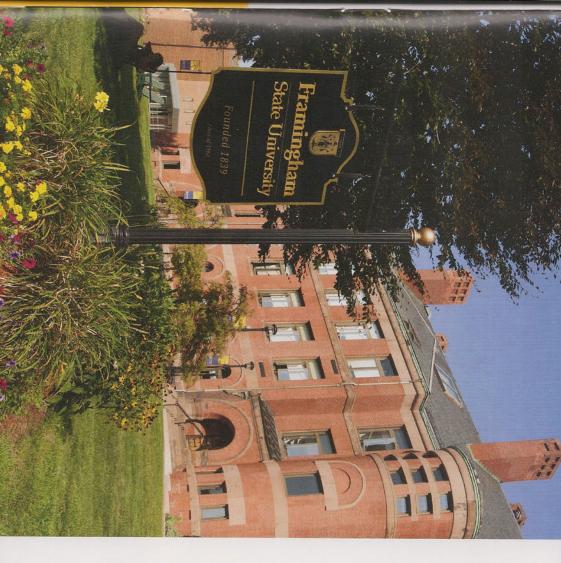
(We're the Rams, you get it!)



The small campus, sense of community, and opportunities to grow as a person are what I love most about FSU.

DARA B.
International Business Major





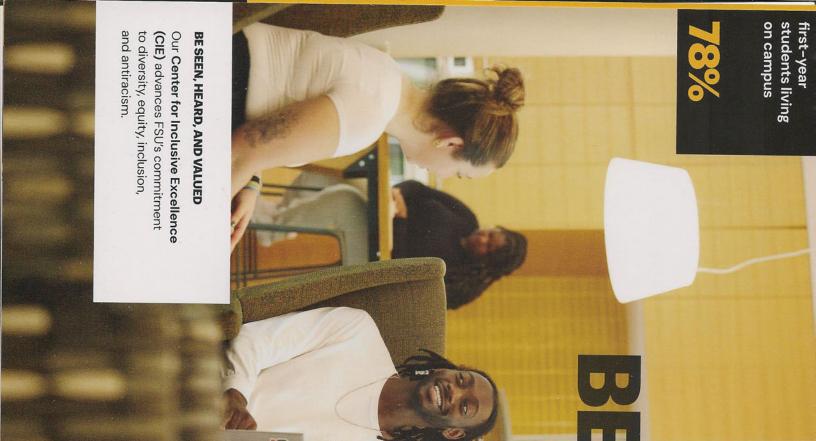
# WELCOME TO FRAMINGHAM STATE!

## **PUBLIC IS POWERFUL...**

Rooted in reform and more relevant than ever, Framingham State's mission has always been to expand access to a first-rate education. We offer an eye-opening, life-changing experience and affordable tuition to all who are chasing a dream. Unapologetically defined by our public status, our commitment to serve the public good is as vital and powerful today as it was when we first opened our doors in 1839.

## ... A DYNAMIC COMMUNITY.

By attending a small public university, you'll be impacted in a way that dramatically changes who you are and who you will become. Our career-focused programs and close-knit community creates a ripple effect, from you to your family and beyond. You'll have access to a rich learning landscape here in the Greater Boston area—unlocking an endless network of opportunities.



Our fRAMily is your fRAMily.

## TZE MR

## **EVERYONE DOES.**

## **WELCOMING EVERYONE**

FSU has received the Higher Education Excellence in Diversity (HEED) Award multiple years since 2014. The reason is simple. We love welcoming students from all walks of life. Like you.

## FIRST-GENERATION STUDENTS

More than half of our undergraduate students are the first in their family to go to college. We know how intimidating that can be, but you're not alone. We're here to support you! As a First-Gen Forward institution, FSU has demonstrated a strong commitment to helping first-generation college students succeed.

## **CELEBRATING DIVERSITY**

Our community welcomes all gender and sexual identities (LGBTQ+), neurodiversities, socioeconomic backgrounds, cultures, and ethnicities, with 48% of FSU students identifying as Hispanic, Latinx, Black, Indigenous, and/or People of Color. Our campus is made all the more vibrant by this beautiful diversity of students and their families.

DA

COI DO

transformational education within our campus community. Go on to transform as a university is our shared desire to give back. Come here to experience a We Rams are united in our passion for impact. Part of being "proudly public" Greater Boston and communities beyond.

## MAKE A DIFFERENCE

and Service Learning offers opportunities to volunteer with local community organizations that support underrepresented and underserved population groups.

Get involved!

# HERE, THERE'S NOTHING STANDING IN THE WAY OF YOUR SUCCESS.

or others, by offering helpful information and resources. of Family Engagement also serves your personal supporters, whether relatives, friends, community members, From your admissions counselor to coaches to faculty, you'll find support everywhere you look. Our Office

## GET EVERYTHING YOU NEED FOR THE FUTURE YOU WANT.

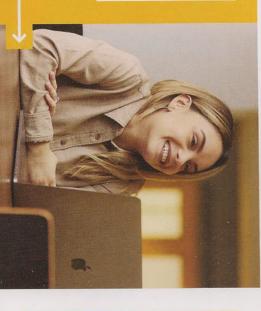
and how proud they are to still be a part of the community today. business, and so many other fields. They'll tell you how FSU helped them feel prepared to launch their careers— Ask our regional and global network of alumni professionals working in education, healthcare, the arts, science,

2

For many years, I believed that college wasn't an option for me. But there are people in the community and at Framingham State who believed in me and wanted to help.

NATHALIE C.

DACA Student
Early Childhood Education Major

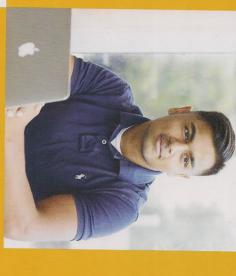


The pre-health program really establishes the foundation you need to be successful in medical school. It was a great experience.

CESAR S.

MD at Gulf Coast Medical Center
First-Gen Student
Class of 2014





# ERIENCE YOU WON'T ANYWHERE ELSE.

a job right after graduation, to line something up right away. I have the skills and connections but now I feel very confident that really concerned about having When I started college, I was advice from the staff, who have **Development Office seeking** helped me land two internships. I am constantly in the Career

STUDENT SPOTLIGHT

are often ignored India, where mental health conditions one day that provides psychological to start a nonproft organization Mandip says he would also love and PricewaterhouseCoopers). treatment to people in his native contacts and took a big step firms (KPMG, Ernst & Young, Deloitte for one of the "Big 4" accounting toward his ultimate goal of working

MA, where they run a restaurant. seven, the family reunited in Melrose, for his loved ones. When he was America hoping to set up a new life watched his father head off to As a young child in India, Mandip

Flitt & Co. There, he gained valuable Public Accountant) firm Paresky internship at the CPA (Certified Mandip landed another high-impact FSU business office. As a sophomore, Mandip's first internship was in the

# **OUR CAREER-FOCUSED ACADEMICS WILL SET YOU UP FOR SUCCESS**

help you meet your goals. disability and access services, peer tutoring, and other resources to Center for Academic Success and Achievement (CASA) offers advising opportunities. In addition to mentorship from our amazing faculty, the the arts, humanities, or STEM. Every path through FSU leads to future Choose from any of our majors in education, social sciences, business

## WE'VE BEEN WAITING FOR YOU ALMOST 200 YEARS

one example of many FSU programs that are among the best in the region. Explore everything you can become! Normal School, founded to train teachers. Today, education is just When FSU opened its doors in 1839, we were the nation's first Public



American Sign Language

Biology Biotechnology

Biochemistry

Technology **Business & Information** 

**Business Management** 

Communications Child & Family Studies

Computer Science

Early Childhood Education

English Elementary Education

Social Justice **Environmental Studies and** 

**Environmental Sciences** 

Fashion Design

**Fashion Merchandising** 

Food & Nutrition

Geospatial & Data Analysis **Food Science** 

Global Studies

Health & Wellness

Hospitality & Tourism Management

International Business Liberal Studies

Mathematics Nursing (RN to BSN)

Political Science

Pre-Engineering

Pre-Medicine and **Pre-Health Professions** 

Sports Management

Studio Art

Wildlife and Environmental

is right for you. will help you find the program that Don't worry! Our Advising Center WANT TO STUDY?

**EXPLORE PROGRAMS** 

**NOT SURE WHAT YOU** 

Pre-Veterinary Medicine

English, History, Mathematics, Biology, Secondary Education

& Visual Art Foreign Language,

Spanish Sociology

World Languages

& Linguistics

graduate students

Earn your bachelor's and master's degree in five years, saving time and money,

- 4+1BA/MA in English
- 4 + 1BS/MEd in Nutrition Education
- 4+1BA/MPA in Public Administration
- 4+1BS/MS in Food & Nutrition
- 4+1BS/PSM in Biotechnology

- 4 + 1 Bachelor's/MEd in Secondary Education
- 4 + 1 Bachelor's / MEd in Special Education
- 4 + 1 Bachelor's/MS in Organizational Leadership
- 3 + 3 Bachelor's/JD Program with Suffolk University
- 3 + 3 Bachelor's/JD Program with UMass Dartmouth



## **COMMONWEALTH HONORS PROGRAM**

registration, and access to the Honors Program House to study and relax with friends exceptional educational experience. Benefits include Honors Program Scholarships, priority course The Commonwealth Honors Program at FSU brings together academically talented students for an



to meet you! dog and he's eager emotional support Ramsey is FSU's This guy can help! Life can be tough. Meet Ramsey!

# OUR ONE-OF-A-KIND PROGRAMS WILL TAKE YOU WHERE YOU WANT TO GO.

Stalker Institute for Food and Nutrition. American Sign Language? We're the only MA public university offering two different degrees in ASL. And that's just the tip of the Ram's horn! Interested in health and wellness? Explore professional development opportunities through our nationally-recognized

# EXPLOREBUSINESS INTERNSHIPS THAT PUT YOU RIGHT IN THE MIDDLE OF THE ACTION.

businesses. Or make good on your dream to launch a business through the Entrepreneur Innovation Center. Bose, and Staples right here in MetroWest. Engage in programs tailored to help small, family-run, and developing Take on internships in the national and international headquarters of Fortune 500 companies including TJX,



AND INSTITUTES



# Think you're excited about teaching now? Let's turn it up a notch.

Our education centers like the **Centers for Early Childhood Education** are here to provide life-changing, hands-on experiences with real students. Whatever you want to teach, there's a place for you—like the **McAuliffe Center for Integrated Science Learning**, a Smithsonian affiliate with experiential STEM learning programs and its own state-of-the-art planetarium. It's the only center of its kind in Massachusetts!

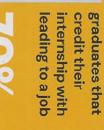
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Research is of extreme importance for teaching purposes and helps graduates grow faster once employed. Our students play a role in all aspects of the exciting research happening on campus.

## **EMMANOUIL APOSTOLIDIS**

**Associate Professor of Food Science** 







of historical and contemporary fine art inspire you to follow your passion studies and more. in fields of study such as art history, studio art, fashion design, museum one of the top cultural destinations in the region. Let the awesome works On your campus visit, don't miss our Danforth Art Museum and Art School

# **BOSTON A**

either way in our book! on-campus community of international students. You'll be a world traveler through off-campus cultural experiences and engaging with our vibrant study abroad programs. Or, you can experience the world coming to you As an FSU student, you can go see the world through our life-changing



### 2

science, that creates interest. experiences and then engage them in the Once you are able to tap into their lived greater level of success in the classroom. relevant to students' lives, they have a far It's clear that when you can make teaching

**Education professor** WARDELL POWELL



## WHERE IN THE WORLD WOULD YOU LIKE TO GO?

Explore FSU's affordable, semester-long opportunities to study abroad in places like:

Canada Australia Ecuador

China

England Netherlands

Spain Scotland Northern Ireland

MORE ABOUT STUDY ABROAD





program helped me land a My internship experience The opportunities at with Liberty Mutual's

Framingham State University job offer prior to graduation. Techstart Summer Internship

are incredible.

STUDENT SPOTLIGHT

Computer Science

FSU in spring 2020. convince her to enroll in a class at Her mom, an FSU alumna, helped too expensive and too far from home. University, before deciding it was Kathryn started college at Syracuse

center, using software to code in a team on the digital accessibility a way that meets accessibility immersive TechStart Summer Internship Program. She worked with accepted into Liberty Mutual's During her junior year, Kathryn was

> of her senior year to a job offer just before the start standards. The experience led

relevant to life after graduation. global and cultural perspectives, the world and develop skill sets increase awareness of self within designed to enhance students' three-week study abroad program experience, a unique and intensive University's annual India J-Term graduating, she joined the But she didn't stop there. Before

6 INCREDIBLE RESIDENCE HALLS

and computer labs are right in your building. And classes and food options are housing and meals covered! just a few steps away. Simply choose a meal plan that works for you, and that's Hang out with friends in common areas. When you need to focus, study rooms halls offering high-speed wireless internet, kitchen facilities, and laundry. About 78% of our first-year students choose to live on campus in residence

Interested in a Living Learning Community?

Achievement, Health & Wellness, Rainbow Road, and Social Justice. We have four to make your experience more personal: Academic High

HOME AWAY FROM HOME IN METROWEST

on-campus dining. to hang out in, lockers to store your things, and even special parking privileges to school every day, with a Commuter Student Group to join, student lounges for carpoolers. Purchase a meal plan for the convenience of (delicious!) too. We make it easy for you to feel at home on campus even if you commute Our convenient location and welcoming community are ideal for commuters





### **HUNGRY?**

it and deliver it to you wherever you are on campus! Kiwibot would be delighted to fetch Just place your order, and our

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# CLUBS & ORGANIZATIONS\*

Afro Caribbean Dance Group

Anime Club

Art Club ASL Club

Aspiring Health Professionals

Black Student Union

Brother 2 Brother

Dance Team

**Education Club** 

**Fashion Club** 

Framingham State Activities Board

Gaming Club

Gatepost Student Newspaper

Hilltop Players Drama Club

History Club

Motivation. Intersectionality. Solidarity. Sisterhood.

Outing Club

Salvation Youth

Ski & Snowboard Club

Student Government Association

WDJM 91.3

Wildlife Club

s is a partial list of our most popular organizations.



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## **CAMPUS EVENTS**

BINGO

Student Org Fair

**Fashion Club Trashion Show** 

Annual Fashion Show Moonlight Breakfast

**Movie Nights** 

Trips to Professional Sports Games (Celtics/Red Sox/Bruins)

Suit Jacket Posse Improv

**Apple Picking** 

Outdoor Recreation (kayking, hiking)

**Anime Gatherings** 

And many more!

MORE ABOUT

SAFETY, HEALTH & WELLNESS

The Framingham State Police
Department patrols our campus,
monitors residence halls, and answers
calls 24 hours a day to keep you
safe. And when you have a health
concern or just need someone to
talk to, FSU's Health and Counseling
Centers are here for you.

JUST 20 MILES WEST OF BOSTON, METROWEST IS A CULTURALLY VIBRANT AREA.

Fortune 500 companies, this world-class region has it all. Boston's Faneuil Hall Marketplace, or get hands-on experience with If you want to view the masters at the Museum of Fine Arts, check out experiences, internships, and career opportunities are within reach. Throughout MetroWest and east into Greater Boston, countless cultural

## **PLACES TO VISIT**

Franklin Park Zoo

Six Flags Xfinity Center (concerts) **New England Aquarium** Museum of Science

### **OUTDOORS**

Callahan State Park Wachusett Mountain (ski & ride)

**Apple Picking** 

Symphony Hall Museum of Fine Arts **Danforth Art Museum** Isabella Stuart Gardner Museum **Downtown Renaissance** 

Gillette Stadium Polar Park Stadium Fenway Park TD Garden

### SHOPPING

**Newbury Street** Shopper's World **Natick Mall** 

Framingham Green Farmer's Market on Wrentham Outlets

or the beach are a snap.

access on campus, trips to Boston

right on campus, Commuter Rail just a few miles down the road, and Zip Car

With the Metrowest regional bus stops

NO CAR? NO PROBLEM.



working in the dining hall. my professors to the people and I know everyone, from anywhere on campus, away from home. I can go FSU feels like my home It's such a great atmosphere

as a teacher. competitively and pursue a career

**Elementary Education** 

EMILY N.

saying the sense of wonder in the would be happy with any grade, second great field placement with grades 4 or 5, because the material elementary school children in little ones was "spectacular to see." younger kids, Emily decided she is more interesting. But after a would want to teach older Emily began college thinking she

student teaching experiences of her other responsibilities, which schedule forces her to stay on top major finds that her busy athletic steeplechase. The Elementary Ed as well as track & field, where she include writing lesson plans for her competes in the 800M and the where she runs the 5K and 6K excelling in both cross country, Emily is a dual-sport athlete

FSU was a natural fit for Emily, who knew she wanted to run

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# **WELCOME TO RAM NATIO**

Collegiate Athletic Conference. FSU offers 15 exciting intercollegiate sports programs: six men's teams and nine women's teams. Put your talent to the test in the highly competitive Massachusetts State

## **TOP-NOTCH FACILITIES**

can cheer on our football team. baseball team and also holds a stadium where five thousand spectators newly renovated Loring Arena. Nearby Bowditch Field is home to our soccer, field hockey, and lacrosse. Our ice hockey teams skate at the Our Maple Street Fields feature state-of-the-art turf surfaces for softball and a volleyball court with seating for one thousand spectators. The Athletic and Recreation Center showcases two basketball courts



always believed in me, and I really cherish was going to be the end result. Coach Kelley working toward my dream and I knew this our relationship. While I was at Framingham State, I was

JOSHUA O.

Proud Class of 2022 Ram & NFL Seattle Seahawk



## **ATHLETIC & FITNESS PROGRAMS**

## INTERCOLLEGIATE

Baseball (m)

Basketball (m/w)

Cross Country (m/w)

Field Hockey (w)

Football (m)

Ice Hockey (m/w) Lacrosse (w)

Outdoor Track & Field (w)

Softball (w) Soccer (m/w)

Volleyball (w)

## **INTRAMURAL SPORTS**

Basketball

Basketball, 3-on-3 (m/w)

Flag Football (m/w) Dodgeball (coed)

Floor Hockey (m/w) Golf (coed)

Indoor Soccer (coed)

Pickleball (coed) Volleyball (coed)

Wiffle Ball (m/w)

### TOURNAMENTS INTRAMURAL

Shootout (m/w) Basketball, 3-Point

Basketball, 3-on-3 (m/w)

Spike Ball Pickleball (coed)

## **FITNESS PROGRAMS**

Kickboxing Aerobics

**Nutrition Counseling Muscle Conditioning** 

Spinning Yoga/Pilates

Zumba

## **CLUBSPORTS**

Lacrosse (m) Cheerleading (coed)

Rugby (m/w)



division III athletic teams NCAA





## DOLLAR FOR DOLLAR EEDUCATION

LAUNCH HERE

## WANT AND NEED ... **VALUE MEANS EVERYTHING YOU**

- Over 93% of FSU faculty hold the most advanced degree in
- 70% of recent graduates credit their internship with leading to a job
- Over 90% of recent graduates are either employed or pursuing their graduate degrees

## ... AT AN OUT-OF-POCKET COST THAT'S WITHIN REACH.

boogle

Hilton

- LOWER tuition than UMass and most regional private colleges
- aid (among full-time, first-year 92% of students receive financial
- Grants and scholarships that can by thousands of dollars bring down your cost of attendance

students receiving

## financial aid STAPLES

# **AVERAGE COST AND AID FOR FULL-TIME STUDENTS**

**OUT-OF-STATE TUITION** 

## **IN-STATE TUITION**

RESIDENT

RESIDENT

**\$11,920** -\$19,700

-\$18,500 \$33,310

Average tuition, fees, and meals (+ housing for residents)

Average amount of financial aid

Average out-of-pocket annual cost

## NEBHE TUITION BREAK

and VT at nebhe.org. for residents of CT, ME, NH, RI, Learn more about tuition breaks

**MORE ABOUT FINANCIAL AID** 





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THERE'S SO MUCH MORE WE WANT TO SHARE WITH YOU ABOUT FSU

Questions? Give us a call or send us an email! We'll help you make an If you're ready to apply, it's a good idea to get that process started early. informed decision.



### YOUR APPLICATION COMPLETE

Common App or our website Two ways to apply:



### YOUR TRANSCRIPT SUBMIT

No ACT or SAT required (we are test optional)



### **FILE YOUR** FAFSA

you're eligible to receive Find out how much aid

SPRING ENROLLMENT

**Enrollment Deposit Due** 

Fall Application Deadline

Transfers - Preferred

March 15 FAFSA Opens Application Deadline First Year Preferred Fall

December

February 15

Early Action Application Deadline

November 15

**FALL ENROLLMENT** 

DATES

MPORTANT

Preferred Spring Application Deadline

December 1

Priority FAFSA Deadline

November 1



## APPLY NOW!

# WE WANT TO MEET YOU!

FRAMINGHAM.EDU/VISIT

508-626-4500 ADMISSIONS@FRAMINGHAM.EDU









## FRAMINGHAM.EDU

a part of this amazing fRAMily—where we care about who you are as we prepare Schedule a visit to our beautiful campus. We'll show you how good it feels to be you for all you're going to be. We'll also waive your \$50 application feel

## **CONNECT WITH ADMISSIONS**

Sociology with a minor in Political Science

the student perspective. That's something I want

here are working on these issues and care about

to continue into my career.

about and I really value that faculty and staff Social justice is something I am passionate



FRAMINGHAM, MA PERMIT NO. 29

NONPROFIT U.S. POSTAGE

PAID

Admissions Office 100 State Street PO Box 9101 Framingham, MA 01701

PROUDLY PUBLIC. TRULY TRANSFORMATIVE.

The University does not discriminate in admission or access to, or treatment or employment in its educational programs and activities on the basis of race, color, religion, national origin, age, disability, genetic information, morital or parental status, or Veteran status Furthermore, the University does not discriminate in admission or access to, or treatment or employment in, its educational programs and activities on the basis of sex, including sex characteristics, sex stereotypes, sexual crientation, gender identity, gender expression, or pregnancy, childbirth, and other related conditions, and pohibitis sex discrimination in any education program or activity that it operates, including as required by Title IX and its regulations.

Inquiries or reports regarding our non-discrimination and Title IX policies may be directed to the Equal Opportunity Officer/Title IX Coordinator at 508-215-5859, titlex@ifaminghamedu. Dwight Hall 20/1324, 100 State Street, PO Box 9101, Framingham, MA 01701-9101, or to the Assistant Secretary for the Office for Civil Rights, U.S. Department of Education at 617-289-0111, OCRBoston@ed.gov, 9th Foor, 5 Post Office Square, Boston, MA 02(09-392). For further information, visit framinghamedu/non-discrimination

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